

YORKVILLE EAST NEWS

Academic Rigor | Student Voice | Collaboration | Self-Direction | Empathy

Upcoming Events

Monday

- Open Gym @ 8am
- M.Y. After-School

Tuesday

- No School - Lunar New Year

Wednesday

- Open Gym @ 8am
- 601 & 602 Field Trip to MET
- 3rd Marking Period CD Begins
- M.Y. After-School
- "Won't You Be My Neighbor?" Screening + Q&A w/ Producer @ 6pm

Thursday

- Open Gym @ 8am
- M.Y. After-School

Friday

- Open Gym @ 8am
- Report Card Distribution
- M.Y. After-School



8th Grade Speeches

Our 8th grade had an exciting morning, as they gave speeches to our CEC! Their passionate remarks about diversity in the NYC public schools were inspiring! Thank you to all of our 8th graders who spoke!

PTA Announcements

Thursday, 2/7 @ 6pm Won't You Be My Neighbor? The MS177 PTA would like to invite you to a screening of the Producers Guild Award winning documentary based on the life and impact of Fred Rogers. In the spirit of spreading kindness and caring throughout our school community, please join us on



Thursday, February 7th at 6pm for snacks and the movie. We will also be joined by members of our neighborhood, the PS 158 community. We are very lucky to have the film's producer for a Q&A after the film.

Thursday, 2/14 Valentine's Day Bake Sale - Back by popular demand, the PTA will be having a Valentine's Day Bake Sale before school and during the lunch period. Please donate baked goods and snack items (nut free and individually wrapped). Email us at pta@ms177.org if you are available to volunteer the day of the Bake Sale.

Wednesday, 2/27 @ 8:45am. Save the date for our next PTA General Meeting in the Auditorium.

Annual Spring Auction - Our largest fundraiser of the year is fast approaching and will likely be held in early May. We are eager to start planning this important event that raises critical funds for our school! Donation forms will be available shortly. In the meantime, please let us know if you are interested in chairing/co-chairing and/or participating in the planning committee.

MS177 YEMS Annual Fund. Count yourself in and help us reach our goals of 100% family participation and \$15K! Without these funds, the PTA cannot support educational materials such as books, math curriculum, test prep materials, and JupiterEd - basics that our children need to learn. Not to mention, the teacher development and parent engagement that the PTA also supports to ensure our children receive the best education and opportunities possible. Let's come together for our students' future and as a community! Spread the word and donate today!!

As always, please go to the school website to donate at www.ms177.org/giving and to learn more about the PTA at www.ms177.org/pta.

Getting to Know Your Adolescent

Practicing Self-Care

Parenting middle school children can be challenging and stressful at times. Because of this, practicing self-care is essential in order to best support yourself, your child and your family. Here are a few tips how to do so:

Physical wellness - For optimum physical health, attempt to sleep eight or more hours each night, regularly eat healthy meals, and drink plenty of water. Engaging in sports or exercise will not only improve your overall health, but will also act as a mood booster.

Schedule 'me time' - Make sure to build in time for activities which energize you and bring joy such as spending time with friends, going to a movie or volunteering for a cause.

Be a friend to yourself - Monitor your 'self talk' during stressful situations with your child. Are you berating or criticizing your actions? Always being a perfect parent is impossible, so focus on doing the best you can at any given moment.



Be mindful - Practice getting in touch with the 'now'. When experiencing stress or tension, take a moment to quiet yourself and focus on your breathing before you begin to deal with the situation. Doing so will help to release negative thoughts and energy.

Ask for support - When feeling overwhelmed, ask relatives or friends to help with tasks or childcare. Joining a parent support group is also a great way to be connected to others experiencing similar challenges.

Source: Child Mind Institute

Class Corner

Students at Yorkville East accomplished a lot this week! Over dinner or while walking to the subway, be sure to ask your child about what they are learning in school!

6th Grade:

ELA: This week in ELA, students planned and drafted their theme-based literary essays based on their book club books.

Social Studies: In 6th grade Social Studies, students discussed the idea of who should rightfully own historical artifacts in connection to the Rosetta Stone and began studying famous Pharaohs from Ancient Egypt.

Math: 6th graders are starting ratios. We've made lemonade, mixed paint, and analyzed pound cake!

Science: This week, we researched owls to build background knowledge and we also dissected an owl pellet to collect empirical evidence so that we can learn more about their role in an ecosystem!

Spanish: In Spanish, students are learning to describe clothing and conjugate verbs.

Physical Education: Students are completing the FITNESSGRAM.

Art: 6th grade artists are drawing objects from observation using contour lines.

7th Grade:

ELA: This week in ELA, students began their social issues book clubs. They learned new ways to analyze their characters in order to deepen their thinking when reading. They studied character relationships, and the power imbalances that exist in those relationships. They wrote about these relationships in a reading entry, and backed up their ideas with evidence from the text.



Social Studies: In 7th grade Social Studies, students learned about the Supreme Court and researched a landmark case having to do with the rights of students in school for a mini all about presentation.

Math: Students learned to factor algebraic expressions. They took a quiz on simplifying, evaluating, and factoring expressions.

Science: 7th grade has researched and taught their peers about different types of Electromagnetic Waves i.e Radio, Micro, Infrared, UV, X-ray, & Gamma.

Spanish: In Spanish, students are learning to describe clothing and conjugate verbs.

Physical Education: Students are completing the FITNESSGRAM.

Art: 7th grade artists are learning that one point perspective is a technique to show space and depth.

8th Grade:

ELA: This week, students finalized and presented their speeches on how the Department of Education should address racial inequity in schools. A select handful of students even presented to members of the District 2 CEC to share their ideas!

Social Studies: In 8th grade Social Studies, students participated in a lively Socratic seminar about whether the U.S. was justified in expanding its territory during the Age of Imperialism.

Math: In Algebra I, students worked this week learning strategies to solve systems of equations and inequalities. We have been graphing on paper and using the graphing calculator, and we have learned about substitution and elimination methods.

Science: 8th grade has begun their unit on Genetics and is exploring the discoveries that scientists uncovered to lead to our modern understanding of the field.

Spanish: In Spanish, students are learning to describe clothing and conjugate verbs.

Physical Education: Students are completing the FITNESSGRAM.

Art: 8th grade artists are finishing their Spirit Animal project, focusing on the principles of emphasis and contrast.

Health: Students are learning about the different forms of violence and understanding how it can happen and how you can help prevent it.

