

# YORKVILLE EAST NEWS

Academic Rigor | Student Voice | Collaboration | Self-Direction | Empathy

## Upcoming Events

### **Monday**

- Open Gym @ 8am
- M.Y. After-School

### **Tuesday**

- M.Y. After-School

### **Wednesday**

- Open Gym @ 8am
- M.Y. After-School

### **Thursday**

- Open Gym @ 8am
- M.Y. After-School

### **Friday**

- Open Gym @ 8am
- M.Y. After-School



## Happy New Year!

We would like to wish everyone in the Yorkville East community a Happy New Year! 2019 started off with a bang, as students acclimated to being back in school. We're looking forward to seeing our students continue to grow in the new year!

### ***PTA Announcements***

**Wednesday, January 23rd @ 6:30pm General PTA Meeting.** Please join us at the January General PTA Meeting to hear the annual Principal's State of the School Address.

We are currently seeking an event space for our upcoming Winter Social and annual School Auction. If you have access to a free or very low cost venue, please email the PTA at [pta@ms177.org](mailto:pta@ms177.org).

As always, please go to the school website to donate at



[www.msi77.org/giving](http://www.msi77.org/giving) and to learn more about the PTA at [www.msi77.org/pta](http://www.msi77.org/pta).

## *Getting to Know Your Adolescent*

### **Returning to Routine**

While winter recess is a wonderful opportunity to relax and recharge, getting your family back on a weekly schedule can be challenging. Returning to a weekly routine will add structure to your child's life resulting in feeling happier and more in control. Here are a few tips to get your family back on track:

**Begin with bedtime** - With school back in session, it is important for your child to get plenty of sleep. Enforcing an earlier bedtime will help your student to feel fully rested and ready to take on the day. Middle school students should be getting at least 9 hours of sleep each night.

**Setting a wake up time** - To calculate the best time to wake up, determine the allotted time necessary to complete the morning tasks and add a 5 minute cushion for unforeseen circumstances. Subtract that number of minutes from the time your child needs to walk out the door and that is the best time to start the day.

**Plan after school/evening time** - Along with your child, create an after school schedule accounting for all of the time necessary for homework and extracurricular activities.

**Taking Responsibility** - As a middle school student strives for increased independence, determine specific activities for which your child is responsible. Perhaps this is maintaining an organized backpack or completing household chores. Periodically check in to make sure your child is meeting expectations, but try not to micro manage the situation.

**Keep at it** - Returning to a routine usually doesn't happen overnight. Encountering obstacles is to be expected, just do your best to stay on track and try again tomorrow!

**Source:** [brili.com/blog](http://brili.com/blog)

### *Class Corner*

*Students at Yorkville East accomplished a lot this week! Over dinner or while walking to the subway, be sure to ask your child about what they are learning in school!*

### *6th Grade:*

**ELA:** This week in ELA we wrapped up our nonfiction unit. On Friday, students published their nonfiction chapter books on various topics like outer space, GMOs, and the Titanic.

**Social Studies:** In 6th grade Social Studies, students completed a group project on a world religion and presented it to the class.



**Math:** 6th grade is working on inequalities.

**Science:** This week in Science, we identified different materials by calculating their density.

**Spanish:** In Spanish, students are learning to describe clothing and conjugate verbs.

**Physical Education:** Students are finishing up the fitness stations and preparing for their unit test and fitness gram.

**Art:** 6th grade artists are beginning their observational drawing unit, focusing on line and shape.

### **7th Grade:**

**ELA:** In 7th grade ELA, students launched their argumentative writing unit and debated the question, "Are competitive sports good for kids?"

**Social Studies:** In 7th grade Social Studies, students examined primary and secondary sources to determine whether the American Revolution was indeed a revolution for the American people.

**Math:** We learned about simple interest and what happens when students have to take out loans or put money in savings accounts. That money grows!

**Science:** 7th grade is looking at different perspectives regarding space travel.

**Spanish:** In Spanish, students are learning to describe clothing and conjugate verbs.

**Physical Education:** Students are finishing up the fitness stations and preparing for their unit test and fitness gram.

**Art:** 7th grade artists are finishing their monochromatic landscape paintings using tints and shades.

### **8th Grade:**

**ELA:** In 8th Grade ELA, students finished revising their book reviews, edited for commas, and published this week to finish off our dystopian fiction unit.

**Social Studies:** In 8th grade Social Studies, students researched and analyzed primary and secondary sources to further their understanding of the Progressive Era.

**Math:** In Algebra I, 8th grade students have started Unit 4, which is all about systems of equations and inequalities.

**Science:** We discussed the use of CRISPR technology.



**Spanish:** In Spanish, students are learning to describe clothing and conjugate verbs.

**Physical Education:** Students are finishing up the fitness stations and preparing for their unit test and fitness gram.

**Art:** 8th grade artists are drawing their spirit animals inspired by Alebrijes folk art.

**Health:** Students are preparing for their unit test on alcohol, tobacco, marijuana, and addiction.

